

## Minor in Aging Studies

Current and projected population demographics and trends for the older adult (62 years and older) cohort necessitate responsiveness to supporting the specialized needs and interests of aging individuals and their families, caregivers, and professional service programs. The Aging Studies minor is an 18-hour interdisciplinary program designed to offer students the opportunity to gain expertise on the holistic process of aging in the contexts of family relationships, health and wellness, family support, public policy, and socio-cultural issues and trends. Our aim is two-fold: to encourage students in a variety of academic units to broaden their studies to include professional development related to aging and older adulthood and to stimulate and promote scholarship in the area of Aging Studies. Required and elective courses listed below are offered on a regular basis and provide students with options to diversify and specialize their studies in aging-related coursework. For more information about the Aging Studies Minor, please contact Mrs. Rose Myers-Bradley at [rmyersbradley@eiu.edu](mailto:rmyersbradley@eiu.edu) or your current academic advisor.

### Total Semester Hours: 18

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#### Required Courses - Total Semester Hours: 6

- HSL 4846 Aging and the Family Credits: 3
- PUBH 4890 Health and Aging. Credits: 3

#### Electives - Total Semester Hours: 12

- BIO 4834 Neurobiology Credits: 3
- BIO 4835 Advanced Neurobiology Credits: 3
- HCM 3910 Communication in Health Professions. Credits: 3
- HCM 4910 Applied Health Communication. Credits: 3
- HSL 4775 Human Services Programs and Resource Management. Credits: 3
- HSL 4820 Death and Dying. Credits: 3
- HSL 4845 Family Stress and Resilience. Credits: 3
- HSL 4850 Human Services Programs: Community, Culture, and Intersectionality. Credits: 3
- PLS 4793 Civic and Nonprofit Leadership. Credits: 3
- PLS 4873 Human Resource Management in Public & Nonprofit Organizations Credits: 3
- PLS 4893 Budgeting in Governmental and Nonprofit Organizations Credits: 3
- PSY 3525 Psychology of Maturity and Old Age. Credits: 3
- PUBH 2270 Community Health. Credits: 3
- PUBH 2700 Marketing Concepts for Health Promotion Professionals. Credits: 3
- PUBH 3750 Health Care Delivery Systems. Credits: 3
- PUBH 4770 Health Services Administration. Credits: 3
- PUBH 4800 Drugs and Society. Credits: 3
- PUBH 4810 Community Resources and Chemical Dependency. Credits: 3
- PUBH 4830 Perspectives on Health and Humor. Credits: 3
- REC 4950 Leisure and Aging. Credits: 3